

## Core Values

### Activity 2-6

**Format:** Individual

**Time Frame:** 45 minutes

### Description

Decision-making is driven by personal values. This activity provides students with an opportunity to gain a deeper understanding of their own value systems and shed some light on how these affect the decision-making process.

### Materials

- One deck of Values Cards (including blank cards) for each student

### Instructions

1. Spread the value cards face up in front of you.
2. Choose five cards that most closely represent your core values.
3. If needed, use the blank cards to write any missing value that pertains to you (as one of your five).
4. Place the remaining cards face down in a discard pile.
5. Of the five values, select the one value you most closely identify with.
6. Be prepared to discuss your decisions with the class.

### Instructor Notes

- Print one set of cards (including the blank card) for each student participating in the activity.
- **Delete the Instructor Notes block if you choose to print and distribute this page to students.**

<p style="text-align: center;"><b>ADVANCEMENT</b></p> <p style="text-align: center;">Growth Professional advancement Personal maturity</p>	<p style="text-align: center;"><b>BEAUTY</b></p> <p style="text-align: center;">The appreciation of loveliness (e.g., enjoying art, nature, and work)</p>
<p style="text-align: center;"><b>COOPERATION</b></p> <p style="text-align: center;">Communication Team effort Working together</p>	<p style="text-align: center;"><b>CREATIVITY</b></p> <p style="text-align: center;">Freedom Imagination The desire for new ideas</p>
<p style="text-align: center;"><b>DEDICATION</b></p> <p style="text-align: center;">A passionate belief in something</p>	<p style="text-align: center;"><b>FAITH</b></p> <p>Believing in:</p> <ul style="list-style-type: none"><li>• Yourself</li><li>• A higher power</li><li>• The goodness of life</li><li>• The goals of your organization</li></ul>
<p style="text-align: center;"><b>FREEDOM</b></p> <p style="text-align: center;">Absence of necessity or coercion Liberation Independence</p>	<p style="text-align: center;"><b>HEALTH</b></p> <p style="text-align: center;">Physical and mental well-being</p>

<p style="text-align: center;"><b>HELPFULNESS</b></p> <p style="text-align: center;">Sense of concern for others and outreach to attend to their needs</p>	<p style="text-align: center;"><b>HONESTY</b></p> <p style="text-align: center;">Fairness Straightforwardness Sincerity Truthfulness</p>
<p style="text-align: center;"><b>INTEGRITY</b></p> <p style="text-align: center;">Moral and intellectual honesty</p>	<p style="text-align: center;"><b>JUSTICE</b></p> <p style="text-align: center;">Fairness Balance Moral equality</p>
<p style="text-align: center;"><b>KNOWLEDGE</b></p> <p style="text-align: center;">Seeking and learning new insights</p>	<p style="text-align: center;"><b>LIFE</b></p> <p style="text-align: center;">A focus on the force distinctive of animate beings</p>
<p style="text-align: center;"><b>LOVE</b></p> <p style="text-align: center;">Personal warm feelings of caring and affection</p>	<p style="text-align: center;"><b>LOYALTY</b></p> <p style="text-align: center;">Faithfulness to another person</p>

<p><b>MORALITY</b></p> <p>Ethical standards Conscience Sense of right and wrong</p>	<p><b>OPENNESS</b></p> <p>Willingness to try new things</p>
<p><b>PATIENCE</b></p> <p>Bearing pains or trials calmly Steadfastness in suffering or crisis</p>	<p><b>PLEASURE</b></p> <p>What you enjoy What delights you</p>
<p><b>POWER</b></p> <p>Ability to lead Direct Persuade Control</p>	<p><b>PROFESSIONALISM</b></p> <p>Commitment to quality Pride in your work</p>
<p><b>RECOGNITION</b></p> <p>To receive special attention To feel "important"</p>	<p><b>RELIGION</b></p> <p>Belief in a supreme being A spiritual relationship with others</p>

<p><b>RESPONSIBILITY</b></p> <p>Accountability Maturity Ability to respond</p>	<p><b>SECURITY</b></p> <p>Having the essentials you need to live</p>
<p><b>SENSITIVITY</b></p> <p>Awareness Responsiveness Approachability</p>	<p><b>SOCIAL</b></p> <p>Fun Friends Companionship</p>
<p><b>SUCCESS</b></p> <p>Attainment of wealth Favor or eminence Achieving your goals</p>	<p><b>TRUSTWORTHINESS</b></p> <p>Dependability deserving of confidence</p>
<p><b>VITALITY</b></p> <p>Spirit Life Intuition</p>	<p><b>WEALTH</b></p> <p>Material income</p>

<p style="text-align: center;"><b>WISDOM</b></p> <p style="text-align: center;">Mature understanding of life</p>	<p style="text-align: center;"><b>WORK</b></p> <p style="text-align: center;">Feeling good about your job as challenging and rewarding</p>
<p style="text-align: center;"><b>WORTHWHILENESS</b></p> <p style="text-align: center;">Acceptance and appreciation as a person</p>	