Drill Ground Activity 13: Window Hang

Description	This skill station provides students with an opportunity to practice executing a window hang to prepare for rescue.
Timeframe	1 hour 30 minutes (for Drill Ground Activities 12 and 13)
Students	Groups of up to 10 students
Materials	• Window hang prop with enough clearance to successfully perform skill ○ High enough that a fire fighter can perform this skill, but close enough to the ground to mitigate fall/safety concerns • Full turn out PPE • SCBA
Site Preparation	• Ensure that site is free of all hazards.
Instructor Directions	1. Review the operation of the evolution and the desired outcome with participants 2. Review safety considerations with participants. 3. Show participants starting and ending points of the course. 4. Increase the complexity of scenarios as appropriate (no air, on air, decreased visibility, no visibility, etc.) 5. Ensure all participants are wearing full personal protective equipment. 6. Perform a final safety check prior to performing the evolution.

Student Directions	
1. Call Mayday.	
2. Isolate door to the room (if possible).	

3. Locate window.	
4. Travel to window staying as low as possible.	

5. Clear window frame of glass, sash, screen, curtains, blinds. • Start at top and force out.	
6. On hands and knees, place one shoulder against wall below window.	
7. Place inside hand on corner of windowsill for support.	

8. Rise enough to exit window.	
9. Stay low and sniff the sill as you exit.	
10. Lead with arm, then head, then leg.	

11. Roll body over sill keeping as low as possible.	
12. Use interior arm and left to grip sill for support.	
13. Achieve final hang position with inside arm and leg hooking windowsill to keep most of body outside window away from heat.	
14. Radio situational update.	