Drill Ground Activity 4: Fully Remove SCBA

Description	This skill station provides students with an opportunity to practice successfully change SCBA profiles using the full removal method.
Timeframe	1 hour and 15 minutes (for Drill Ground Activities 2, 3, 4, and 5)
Students	Individual
Materials	• Full turn out PPE • SCBA • Personal hand tool • An obstacle (prop or furniture) for students to travel through
Site Preparation	• Ensure that site is free of all hazards.
Instructor Directions	1. Review the operation of the evolution and the desired outcome with participants 2. Review safety considerations with participants. 3. Show participants starting and ending points of the course. 4. Increase the complexity of scenarios as appropriate (no air, on air, decreased visibility, no visibility, etc.) 5. Ensure all participants are wearing full personal protective equipment. 6. Perform a final safety check prior to performing the evolution.

Student Directions	
1. Call MAYDAY! 2. State your personal procedures. (GRABLIVES) • Monitor and control your air. • Turn on your flashlight. • Make some noise. • Look for exits (windows, doors, light from the outside).	

3. Undo chest strap (if applicable). 4. Loosen and both shoulder straps.	
5. Grip shoulder strap and regulator hose to protect regulator and mask.	
6. Loosen the waist strap (if needed). 7. Unbuckle waist strap.	

8. Remove non-regulator shoulder strap. 9. Rotate cylinder to front and remove regulator shoulder strap. 10. Never release regulator strap grip.	
11. Push SCBA ahead of body through space or obstacle.	

12. Re-orient SCBA to normal position (regulator strap first).	
13. Adjust and don.	

14. Tighten shoulder, chest (if applicable), and waist straps.	