



Fire Fighter Survival (2023) Training Record

Name: _____

SFT ID Number: _____

	Skill	Course Plan Topic	Evaluator Initials
1.	Identify common causes of Mayday situations	2-1	
2.	Develop a PACE plan to effectively respond to stress	2-2	
3.	Know when and how to declare a Mayday	2-3	
4.	Inspect, don, and use SCBA	3-1	
5.	Troubleshoot SCBA problems	3-1	
6.	Demonstrate buddy breathing techniques	3-1	
7.	Change SCBA profile by partially removing SCBA	3-2	
8.	Change SCBA profile by fully removing SCBA	3-2	
9.	Remove SCBA for rescue	3-2	
10.	Demonstrate air management techniques	3-3	
11.	Navigate a room using hoseline, tools, and body positioning	4-1	
12.	Disentangle using the sweep method	4-2	
13.	Disentangle using the swim method	4-2	
14.	Disentangle using the cutting method	4-2	
15.	Disentangle using the SCBA removal method	4-2	
16.	Create an opening to breach a wall	5-1	
17.	Exit through a wall breach using the backward swim method	5-1	
18.	Exit through a wall breach using the headfirst method	5-1	
19.	Anchor and bail out of a structure or training prop	5-2	
20.	Execute a window hang to prepare for rescue	6-1	
21.	Execute a ladder escape using the "Hook 2 / Slide 4" method	6-2	
22.	Execute a ladder escape using the "Headfirst" method	6-3	

23.	Assess above and below grade Mayday situations and determine best case survival techniques	7-1	
24.	Identify factors that contribute to specific Mayday situations and recommend solutions or mitigations to avoid similar events	8-1	

A candidate has successfully completed the skill when they perform it to the corresponding Terminal Learning Objective standard found in State Fire Training's Fire Fighter Survival (2023) course.

SFT Course ID:

Course Delivery Date:

Instructor of Record:

Instructor SFT ID Number:
