



Rope Rescue Awareness and Operations (2021) Training Record

Name: _____

SFT ID Number: _____

Students will conduct skills with an asterisk (*) individually. All other skills may be carried out as part of a rescue team.

	Skill	Course Plan Topic	Evaluator Initials
1.	Don and doff PPE *	3-1	
2.	Demonstrate an end-of-line loop *	3-3	
3.	Demonstrate a midline loop *	3-3	
4.	Demonstrate securing rope around desired objects *	3-3	
5.	Demonstrate joining rope or webbing ends together *	3-3	
6.	Demonstrate friction hitches *	3-3	
7.	Size up a rope rescue incident	4-1	
8.	Recognize the need for technical rescue resources	4-2	
9.	Support an operations- or technician-level incident	4-3	
10.	Recognize incident hazards and initiate isolation procedures	4-4	
11.	Conduct a system safety check	4-5	
12.	Construct a single loop single-point anchor system *	5-1	
13.	Construct a multi loop single-point anchor system *	5-1	
14.	Construct a basket/three-bight single-point anchor system *	5-1	
15.	Construct a girth hitch single-point anchor system *	5-1	
16.	Construct a double-locking girth hitch single-point anchor system *	5-1	
17.	Construct a wrap three, pull two single-point anchor system *	5-1	
18.	Construct a tensionless/no knot single-point anchor system *	5-1	
19.	Construct a picket system *	5-1	
20.	Construct a two-point anchor system *	5-1	

21.	Construct a three-point anchor system *	5-1	
22.	Construct a tie-back anchor system *	5-1	
23.	Place edge protection	6-1	
24.	Operate fall protection equipment *	7-1	
25.	Construct a fixed rope system	7-2	
26.	Construct and operate a dedicated belay system with a dedicated main during lowering or raising operations	7-3	
27.	Belay a falling load in a high-angle environment *	7-4	
28.	Construct and operate a TTRS during lowering or raising operations	7-5	
29.	Construct a lowering system in a low-angle environment	8-1	
30.	Operate a lowering system in a low-angle environment	8-1	
31.	Direct the operation of a lowering system in a low-angle environment	8-1	
32.	Construct a lowering system in a high-angle environment	8-1	
33.	Operate a lowering system in a high-angle environment	8-1	
34.	Direct the operation of a lowering system in a high-angle environment	8-1	
35.	Perform a knot pass during a lowering operation	8-1	
36.	Construct a 3:1 simple rope mechanical advantage system	8-2	
37.	Operate a 3:1 simple rope mechanical advantage system	8-2	
38.	Direct the operation of a 3:1 simple rope mechanical advantage system	8-2	
39.	Construct a 5:1 simple rope mechanical advantage system	8-2	
40.	Operate a 5:1 simple rope mechanical advantage system	8-2	
41.	Direct the operation of a 5:1 simple rope mechanical advantage system	8-2	
42.	Perform a knot pass during a raising operation	8-2	
43.	Construct a compound rope mechanical advantage system	8-3	
44.	Operate a compound rope mechanical advantage system	8-3	
45.	Direct the operation of compound rope mechanical advantage system	8-3	
46.	Construct a complex rope mechanical advantage system	8-4	

47.	Operate a complex rope mechanical advantage system	8-4	
48.	Direct the operation of complex rope mechanical advantage system	8-4	
49.	Construct a moving ladder system	8-5	
50.	Operate a moving ladder system	8-5	
51.	Construct a ladder slide system	8-5	
52.	Operate a ladder slide system	8-5	
53.	Construct a ladder A-frame system	8-5	
54.	Operate a ladder A-frame system	8-5	
55.	Negotiate an edge while attached to a rope rescue system *	9-1	
56.	Assess and stabilize a victim	9-2	
57.	Package an ambulatory victim in a low-angle environment	9-2	
58.	Perform an ambulatory victim rescue in a low-angle environment	9-2	
59.	Raise and lower a litter in a low-angle environment	9-3	
60.	Direct a raising and lowering operation in a low-angle environment	9-3	
61.	Package a victim in a litter in a low-angle environment *	9-4	
62.	Perform a litter rescue as part of a three-person litter tender configuration in a low-angle environment	9-4	
63.	Raise and lower a litter in a high-angle environment	9-5	
64.	Direct a raising and lowering operation in a high-angle environment	9-5	
65.	Descend a fixed rope in a high-angle environment *	9-6	
66.	Lock-off a descent control device (to facilitate hands-free operations) *	9-6	
67.	Terminate a rope rescue incident	10-1	

A candidate has successfully completed the skill when they perform it to the corresponding Terminal Learning Objective standard found in State Fire Training's Rope Rescue Awareness and Operations course.

SFT Course ID:

Course Delivery Date:

Instructor of Record:

Instructor SFT ID Number:
